



# BREAKFAST

All of our platters are suitable for 5-6 people

## BENUGO BREAKFAST PLATTER

£10.00

Bite sized freshly baked Danish pastries

## BENUGO CUT FRUIT PLATTER

£15.00

Seasonal fruit cut into bite sized pieces

## BENUGO CAKE PLATTER

£10.00

Double chocolate brownie, blueberry & hazelnut flapjack, millionaire shortbread, orange cake (gluten free)

## BENUGO BREAKFAST BAGEL PLATTER

£18.00

Selection of Scottish smoked salmon & cream cheese, egg & crispy bacon, emmental & tomato bagels

## INDIVIDUAL BENUGO FRUIT SALAD

£2.50 each

## INDIVIDUAL BENUGO YOGHURT POT

Greek yoghurt, mixed berries & granola

£2.50 each

## DRINKS

benugo smoothie - Tropical

£1.95

benugo smoothie - Naughty orange

£1.95

benugo smoothie - Banana blast

£1.95

benugo freshly squeezed orange juice

£1.60

Harrogate still water 500ml

£0.85

Harrogate sparkling water 500ml

£0.85

**FREE DELIVERY FOR ORDERS £30 AND OVER. MINIMUM ORDER VALUE £30.**

**ORDER BY 5.30PM FOR NEXT DAY DELIVERY.**

**BREAKFAST DELIVERIES WILL BE MADE BETWEEN 8-9.00am (UNLESS YOU SPECIFY OTHERWISE).**

**EMAIL ORDERS TO SALES@BENUGO.COM OR FAX BACK TO 020 7064 9911 (TEL 020 7064 9900).**

Company \_\_\_\_\_ Contact \_\_\_\_\_

Tel. \_\_\_\_\_ Delivery address \_\_\_\_\_

Delivery date \_\_\_\_\_ Any special delivery instructions? \_\_\_\_\_

To pay by:  Cash  Account



# LUNCH

All of our platters are suitable for 5-6 people

## **BENUGO CLASSIC PLATTER** (All served on malted sliced bread) £18.00

Wiltshire ham, English mustard mayonnaise and salad  
British curried chicken & mango chutney  
Tuna mayonnaise & cucumber  
Prawns, lemon mayonnaise & rocket  
Free range egg mayonnaise & mustard cress  
Mature cheddar ploughman's

## **BENUGO SPECIALITY PLATTER** £25.00

Scottish smoked salmon & cream cheese bagel  
Italian Deli - mozzarella, pesto, olives & sunblush tomatoes on ciabatta  
Wiltshire ham & emmental baguette with Dijon mayonnaise  
New Yorker - turkey, bacon, gruyère, tomato, lettuce & Dijon mayonnaise on ciabatta  
Crayfish tails, lemon mayonnaise & rocket on malted sliced bread  
Cheddar ploughman's on malted sliced bread

## **BENUGO VEGETARIAN PLATTER** £22.00

Italian deli - mozzarella, pesto, olives & sunblush tomatoes on ciabatta  
Free range egg mayonnaise & mustard cress on malted sliced bread  
Parisian - brie, onion marmalade, English mustard mayonnaise & rocket on ciabatta  
Mixed beans, harissa, avocado, cheddar, Greek yoghurt and lettuce wrap  
Emmental, avocado & lettuce bagel  
Cheddar ploughman's on malted sliced bread

## **BENUGO CUT FRUIT PLATTER** £15.00

Seasonal fruit cut into bite sized pieces

## **BENUGO CAKE PLATTER** £10.00

Double chocolate brownie, blueberry & hazelnut flapjack, millionaire shortbread, orange cake (gluten free)

## **INDIVIDUAL & PLATTER SALADS**

|   |       |        |
|---|-------|--------|
| Green pesto pasta with olives & sunblush tomatoes | £3.25 | £16.25 |
| Tuna pasta with peppers olives & capers           | £3.25 | £16.25 |
| benugo Greek salad                                | £4.25 | £21.25 |
| Houmous & avocado superfoods salad                | £3.95 | £19.75 |
| Tuna nicoise salad                                | £4.25 | £21.25 |

## **BENUGO LUNCH BOX** £9.25 per person

Greek salad, chicken, avocado & rocket flatbread,  
seasonal fruit salad, double chocolate brownie

## **BENUGO AFTERNOON TEA BOX** £7.50 per person

Avocado, parmesan & rocket flatbread, seasonal fruit salad,  
banana & date cake, fruit scone & cream

## DRINKS

|                                      |       |
|--------------------------------------|-------|
| benugo smoothie - Tropical           | £1.95 |
| benugo smoothie - Naughty orange     | £1.95 |
| benugo smoothie - Banana blast       | £1.95 |
| benugo freshly squeezed orange juice | £1.60 |
| Harrogate still water 500ml          | £0.85 |
| Harrogate sparkling water 500ml      | £0.85 |
| Coke 330ml can                       | £1.00 |
| Diet coke 330ml can                  | £1.00 |
| San Pellegrino Limonata 330ml can    | £1.10 |
| San Pellegrino Aranciata 330ml can   | £1.10 |

## BENUGO BAKERY CAKES

|  |       |
|--|-------|
| Cheeky chocolate chip cookie           | £0.95 |
| Oatrageously raisin cookie             | £0.95 |
| Carrot cake slice                      | £1.40 |
| Orange & almond cake slice             | £1.40 |
| Banana & date cake                     | £1.40 |
| Millionaire shortbread                 | £1.40 |
| Chocolate crunchy slice                | £1.40 |
| Double chocolate brownie               | £1.40 |
| Blueberry, hazelnut & yoghurt flapjack | £1.40 |

## CRISPS

|                                   |       |
|-----------------------------------|-------|
| Pipers crisps - assorted flavours | £0.85 |
|-----------------------------------|-------|

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# PLATTER & FLAT PACKED



|                                   | <b>3 PEOPLE</b> | <b>6 PEOPLE</b> |
|-----------------------------------|-----------------|-----------------|
| <b>CLASSIC PLATTER</b>            | £9.00           | £18.00          |
| <b>SPECIALITY PLATTER</b>         | £12.50          | £25.00          |
| <b>FLAT PACKED CLASSIC</b>        |                 | £16.20          |
| <b>FLAT PACKED SPECIALITY</b>     |                 | £22.50          |
| <b>SEASONAL CUT FRUIT PLATTER</b> | £7.50           | £15.00          |
| <b>BENUGO CAKE PLATTER</b>        | £5.00           | £10.00          |

The following sandwich menu changes daily to ensure variety throughout the week.

## DAY 1

Mature cheddar ploughman's (v)  
British chicken breast, avocado & rocket (m)  
Fresh prawns & seafood sauce (f)  
Tuna mayonnaise & rocket (f)  
Chorizo, tomato & mozzarella (m)  
Brie & onion marmalade (v)

## DAY 2

Tuna mayonnaise & rocket (f)  
Chorizo, tomato & mozzarella (m)  
Brie & onion marmalade (v)  
Free-range egg mayonnaise & cucumber (v)  
Curried chicken & mango chutney (m)  
Crayfish with lemon & dill (f)

## DAY 3

Free-range egg mayonnaise & cucumber (v)  
Curried chicken & mango chutney (m)  
Crayfish with lemon & dill (f)  
Scottish smoked salmon & baby spinach (f)  
Ham & swiss cheese with Dijon mustard (m)  
Mozzarella, tomato & basil (v)

## DAY 4

Scottish smoked salmon & baby spinach (f)  
Ham & swiss cheese with Dijon mustard (m)  
Mozzarella, tomato & basil (v)  
Bacon, lettuce & tomato (m)  
Grilled med vegetables with cream cheese & basil (v)  
Tuna mayonnaise & rocket (f)

## DAY 5

Bacon, lettuce & tomato (m)  
Grilled med vegetables with cream cheese & basil (v)  
Tuna mayonnaise & rocket (f)  
Smoked ham & English mustard (m)  
Marinated lemon & dill crayfish tails (f)  
Red pepper tapenade & avocado with parmesan (v)

## DAY 6

Smoked ham & English mustard (m)  
Marinated lemon & dill crayfish tails (f)  
Red pepper tapenade & avocado with parmesan (v)  
Mature cheddar ploughman's (v)  
British chicken breast, avocado & rocket (m)  
Fresh prawns & seafood sauce (f)

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