

FREE DELIVERY
minimum order £30

20% OFF your first order
with code DELIVER20

NEXT DAY DELIVERY
when you order by 4pm

NEED MORE INFO? Call Natasha on
07789 682941 or e-mail natasha@benugo.com

BREAKFAST

BREAKFAST BOXES Mix and match from our breakfast boxes. The choice is yours!

BREAKFAST BOX

A mix of our favourite baguettes and bagels with a selection of fillings including bacon, salmon and egg

£20
(£3.33 pp)



BREAKFAST BOX

MIXED PASTRY BOX (V)

6 freshly baked pastries including croissants, pain aux raisins, pain au chocolate & chocolate twist

£11
(£1.83 each)

MINI PASTRY BOX (V)

A selection of 12 freshly baked mini pastries including our famous Pastel del Nata

£11
(£0.92 each)



MINI MUFFIN BOX

MIXED MUFFIN BOX (V)

6 freshly baked muffins from our bakery. Mix of blueberry and raspberry & white chocolate

£12.50
(£2.09 each)

MINI MUFFIN BOX (V)

12 freshly baked muffins from our bakery. Selection of lemon, blueberry, raspberry & white chocolate

£12.50
(£1.04 each)



CUT FRUIT BOX

POWER BALLS BOX (V)

A raw vegan snack full of antioxidants. Mix of 6 Power Balls

£9
(£1.50 each)

CUT FRUIT BOX (V)

Seasonal fruit (pineapple, red & white grapes, cantaloupe melon) cut into bite sized pieces

£16

SMOOTHIES

Selection of 6. Mix of strawberry blush and fruit crush

£12
(£2 each)

BOOST SHOTS

6 super boost shots. Selection of carrot and lemon & ginger

£12
(£2 each)

INDIVIDUAL FRUIT SALAD & YOGHURT POTS (V)

Classic fresh fruit salad pot (V)

Yoghurt with granola & banana (V)

No dairy banana & blueberry soya yoghurt (V)

£3.40

£2.30

£2.85



CLASSIC FRESH
FRUIT SALAD POT



NO DAIRY BANANA &
BLUEBERRY SOYA YOGHURT

SET BREAKFASTS

Can't decide what to choose? We've put together three different, tasty combinations of our breakfast items. Each ideal for 6 people

CLASSIC BREAKFAST £50 (£8.33 pp)

The perfect start to the day, includes:
Breakfast box • Mixed pastry box • Yoghurt, granola & banana pot x3 • Classic fresh fruit salad pot (V) x3
Orange juice x3 • Apple juice x3

LIGHT BREAKFAST £32 (£5.33 pp)

A selection of healthier choices including:
Mixed pastry box • Yoghurt, granola & banana pot x3 • Classic fresh fruit salad pot (V) x3 • Orange juice x3 • Apple juice x3

ENERGISER BREAKFAST £52 (£8.67 pp)

Begin the day with a buzz.
Breakfast box • Mixed muffin box • Yoghurt with granola & banana x3 • No dairy banana & blueberry soya yoghurt x3
Orange juice x3 • Apple juice x3

Our menus are made with the freshest ingredients and change season to season.

This is a sample menu, visit benugo.com for the latest menu including allergen and nutritional information. (V) Vegetarian



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LUNCH

SANDWICH BOXES 3 or 6 freshly made sandwiches, each cut into halves

BEST OF BENUGO BOX A selection of our favourite sandwiches, wraps and baguettes with a mix of meat, fish & vegetarian seasonal combinations	£25.50 (£4.25 pp)	Half box £14 (£4.66 pp)
WRAP BOX A mix of meat, fish & vegetarian seasonal combinations freshly filled in tortilla and khobez wraps	£25.50 (4.25 pp)	Half box £14 (£4.66 pp)
CLASSIC BOX Sandwiches served on malted sliced bread with some classic flavours of meat, fish and vegetarian combinations	£22.50 (£3.75 pp)	Half box £12.50 (£4.16pp)
BAGUETTE BOX Freshly made baguettes with our seasonal mix of fillings for every occasion	£24.50 (£4.08 pp)	Half box £13.50 (£4.50 pp)
VEGGIE BOX (V) A mix of our signature vegetarian sandwiches, baguettes & wraps	£26 (£4.33 pp)	Half box £14 (£4.67 pp)
VEGGIE CLASSIC BOX (V) Classic vegetarian fillings served on malted sliced bread	£22.50 (£3.75 pp)	Half box £12.50 (£4.16 pp)
VEGAN BOX (V) Introducing our new platter with vegan wraps and sandwiches !	£26 (£4.33 pp)	Half box £14 (£4.67 pp)
HALF CLASSIC BOX MADE ON GLUTEN FREE BREAD		£12.50
HALF CLASSIC VEGGIE BOX MADE ON GLUTEN FREE BREAD (V)		£12.50



BEST OF BENUGO BOX



CLASSIC BOX



VITALITY BOX

SALAD BOXES Available as sharing box (serves 4-5) and individual bowl (serves 1)

ITALIAN CHICKEN CAPRESE BOX	£24 (£4.80 pp)	INDV. BOWL £6.80
SUPERCHARGED OMEGA SALMON BOX	£24 (£4.80 pp)	INDV. BOWL £6.80
VITALITY BOX	£24 (£4.80 pp)	INDV. BOWL £6.60
PESTO PASTA BOX (V)	£20 (£4.00 pp)	INDV. BOWL £3.90



INDIVIDUAL BOWL

ADDITIONAL SAVOURIES

BACON, CHEESE & SWEET ONION QUICHE 8 wedges of handmade & freshly baked quiche	£12.00
MEDITERRANEAN VEGETABLE QUICHE 8 wedges of handmade & freshly baked quiche	£12.00
SAUSAGE ROLLS 12 homemade & freshly baked sausage rolls	£15.00

SET LUNCH

Great lunches guaranteed to keep your colleagues full & happy!
Each ideal for 6 people

CLASSIC LUNCH £65.00 (£10.83 pp)
Classic box x2 • Cut fruit box (V) • Lemon drizzle x2 • Millionaire shortbread x2 • Nutty brownie x2

BENUGO FAVOURITES LUNCH £50.00 (£8.33 pp)
Best of Benugo box • Vitality bowl (V) x2 • Super soy pot (vegan) x3
Lemon drizzle x2 • Millionaire shortbread x2 • Nutty brownie x2

VEGGIE LUNCH £50.00 (£8.33 pp)
Veggie box • Super soy pot (vegan) x6 • Cut fruit box (V)

SALADS & FRUIT LUNCH £50.00 (£8.33 pp)
Vitality bowl (vegan) x2 • Supercharged omega salmon bowl x2 • Italian chicken Caprese bowl x2 • Cut fruit box (V) • Pipers Anglesey Sea Salt Crisps x3 (V) • Sweet & salted popcorn x3 (V)

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CAKES, SNACKS & DRINKS

A delicious selection of crisps, snacks and sweets.

FAVOURITES CAKE BOX (V) **£16.50**

20 melt-in-the-mouth bite size cake pieces, fresh from our bakery

MIXED MUFFIN BOX (V) **£12.50**
(£2.09 each)

6 freshly baked muffins from our bakery with a mix of blueberry and raspberry & white chocolate

MINI MUFFIN BOX (V) **£12.50**
(£1.04 each)

12 freshly baked muffins from our bakery. Selection of lemon, blueberry, raspberry & white chocolate

POWER BALLS BOX (V) **£9**
(£1.50 each)

A raw vegan snack full of antioxidants. Mix of 6 Power Balls

CUT FRUIT BOX (V) **£16**

Seasonal fruit (pineapple, red & white grapes, cantaloupe melon) cut into bite sized pieces



FAVOURITES CAKE BOX



MIXED MUFFIN BOX



POWER BALLS BOX

CRISPS & SNACKS

Pipers Anglesey Sea Salt **£1.20**

Pipers Sea Salt & Somerset Cider **£1.20**

Pipers West Country Cheddar & Onion **£1.20**

Propercorn Popcorn sweet & salty **£1.45**

Fruit juices, smoothies, water and a selection of soft drinks to accompany your breakfast or lunch.

DRINKS

Fresh orange or apple juice (250ml) **£2.10**

Fresh orange or apple juice (2.7l/4pt) **£8.50**

Life still water (500ml) **£1.20**

San Pellegrino sparkling water (500ml) **£1.50**

SPARKLING DRINKS

Coke (330ml can) **£1.20**

Diet Coke (330ml can) **£1.20**

San Pellegrino Limonata (330ml can) **£1.35**

San Pellegrino Aranciata (330ml can) **£1.35**

SMOOTHIES

Strawberry blush **£2.10**

Fruit crush

BOOST SHOTS

Lemon & Ginger **£2.10**

Carrot



CRISPS & SNACKS

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