Breakfast

From the kitchen
Served 9am–11:30am

Toasted banana bread, honey, butter 310 kcal (v) | 5
Baked Urfa eggs, braised beef, aubergine & chilli hash 233 kcal | 8
Smashed avocado on toasted corn bread, chipotle butter 172 kcal (v) | 7
Overnight oats, chia seeds, coconut & dark chocolate chips 497 kcal (vg) | 5
French toast, blueberry, raspberry, maple syrup 248 kcal (v) | 8
Add bacon | 1

Pastries
Croissant 188 kcal (v) | 2.5
Almond croissant 360 kcal (v) | 2.75
Pain au chocolat 290 kcal (v) | 2.75
Pain aux raisins 390 kcal (v) | 2.75

Hot drinks
EVERY BENUGO COFFEE IS CARBON NEUTRAL AND RAINFOREST ALLIANCE CERTIFIED
Espresso single / double 0 / 0 kcal | 1.9 / 2.15
Macchiato single / double 6 / 6 kcal | 2.1 / 2.35
Americano 0 kcal | 2.8
Latte 202 kcal | 2.9
Cappuccino 135 kcal | 2.9
Flat white 117 kcal | 3
Hot chocolate 310 kcal | 3.1
Mocha 282 kcal | 3.1
Tea, ask us for available flavours | 2.9

Juices
Juices, apple / orange / cranberry / pomegranate / tomato / grapefruit | 3
Freshly pressed juices, today’s specials | 4
Ginger shot | 2

Ask your server for details of today’s specials

PLEASE ASK US ABOUT THE ALLERGENS IN OUR FOOD
(v) vegetarian | (vg) vegan
We use a wide range of ingredients in our kitchen, some of which may contain allergens. Please let us know if you have a specific allergy or dietary requirement so we can let you know of the most appropriate food choice.

Adults need around 2000 kcal a day.

HOW DID WE DO TODAY?
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