

**FREE DELIVERY**  
minimum order £30

**20% OFF** your first order  
with code DELIVER20

**NEXT DAY DELIVERY**  
when you order by 4pm

**NEED MORE INFO?** Call Natasha on  
07789 682941 or e-mail [natasha@benugo.com](mailto:natasha@benugo.com)

## BREAKFAST

**BREAKFAST BOXES** Mix and match from our breakfast boxes. The choice is yours!

### BREAKFAST BOX

A mix of our favourite baguettes with a selection of fillings including bacon, salmon and egg

**£20**  
(£3.33 pp)



BREAKFAST BOX

### MIXED PASTRY BOX (V)

6 freshly baked pastries including croissants, pain aux raisins, pain au chocolate & chocolate twist

**£11**  
(£1.83 each)

### MINI PASTRY BOX (V)

A selection of 12 freshly baked mini pastries including our famous Pastel del Nata

**£11**  
(£0.92 each)



MINI MUFFIN BOX

### MIXED MUFFIN BOX (V)

6 freshly baked muffins from our bakery. Mix of blueberry and raspberry & white chocolate

**£12.50**  
(£2.09 each)

### MINI MUFFIN BOX (V)

12 freshly baked muffins from our bakery. Selection of lemon, blueberry, raspberry & white chocolate

**£12.50**  
(£1.04 each)



CUT FRUIT BOX

### POWER BALLS BOX (V)

A raw vegan snack full of antioxidants. Mix of 6 Power Balls

**£9**  
(£1.50 each)

### CUT FRUIT BOX (V)

Seasonal fruit (pineapple, red & white grapes, cantaloupe melon) cut into bite sized pieces

**£16**

### SMOOTHIES

Selection of 6. Mix of strawberry blush and fruit crush

**£12**  
(£2 each)

### BOOST SHOTS

6 super boost shots. Selection of carrot and lemon & ginger

**£12**  
(£2 each)

### INDIVIDUAL FRUIT SALAD & YOGHURT POTS (V)

Benugo Fruit pot (v)

Yoghurt Banana Honey (v)

Yoghurt Granola Berry (v)

Fruit and Nut Bircher (v)

**£3.40**

**£2.30**

**£2.30**

**£2.70**



BENUGO  
FRUIT POT



YOGHURT GRANOLA BERRY

## SET BREAKFASTS

Can't decide what to choose? We've put together three different, tasty combinations of our breakfast items. Each ideal for 6 people

### CLASSIC BREAKFAST £50 (£8.33 pp)

The perfect start to the day, includes:  
Breakfast box • Mixed pastry box • Yoghurt, granola & banana pot x3 • Classic fresh fruit salad pot (V) x3  
Orange juice x3 • Apple juice x3

### LIGHT BREAKFAST £32 (£5.33 pp)

A selection of healthier choices including:  
Mixed pastry box • Yoghurt, granola & banana pot x3 • Classic fresh fruit salad pot (V) x3 • Orange juice x3 • Apple juice x3

### ENERGISER BREAKFAST £52 (£8.67 pp)

Begin the day with a buzz.  
Breakfast box • Mixed muffin box • Yoghurt with granola & banana x3 • No dairy banana & blueberry soya yoghurt x3  
Orange juice x3 • Apple juice x3

**Our menus are made with the freshest ingredients and change season to season.**

This is a sample menu, visit [benugo.com](https://benugo.com) for the latest menu including allergen and nutritional information. (V) Vegetarian



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## LUNCH

### SANDWICH BOXES 3 or 6 freshly made sandwiches, each cut into halves

<b>BEST OF BENUGO BOX</b> A selection of our favourite sandwiches, wraps and baguettes with a mix of meat, fish & vegetarian seasonal combinations	<b>£25.50</b> (£4.25 pp)	<b>Half box £14</b> (£4.66 pp)
<b>WRAP BOX</b> A mix of meat, fish & vegetarian seasonal combinations freshly filled in tortilla and khobez wraps	<b>£25.50</b> (4.25 pp)	<b>Half box £14</b> (£4.66 pp)
<b>CLASSIC BOX</b> Sandwiches served on malted sliced bread with some classic flavours of meat, fish and vegetarian combinations	<b>£22.50</b> (£3.75 pp)	<b>Half box £12.50</b> (£4.16pp)
<b>BAGUETTE BOX</b> Freshly made baguettes with our seasonal mix of fillings for every occasion	<b>£24.50</b> (£4.08 pp)	<b>Half box £13.50</b> (£4.50 pp)
<b>VEGGIE BOX (V)</b> A mix of our signature vegetarian sandwiches, baguettes & wraps	<b>£26</b> (£4.33 pp)	<b>Half box £14</b> (£4.67 pp)
<b>VEGGIE CLASSIC BOX (V)</b> Classic vegetarian fillings served on malted sliced bread	<b>£22.50</b> (£3.75 pp)	<b>Half box £12.50</b> (£4.16 pp)
<b>VEGAN BOX (V)</b> Introducing our new platter with vegan wraps and sandwiches !	<b>£26</b> (£4.33 pp)	<b>Half box £14</b> (£4.67 pp)
<b>HALF CLASSIC BOX MADE ON GLUTEN FREE BREAD</b>		<b>£12.50</b>
<b>HALF CLASSIC VEGGIE BOX MADE ON GLUTEN FREE BREAD (V)</b>		<b>£12.50</b>



BEST OF BENUGO BOX



CLASSIC BOX



VITALITY BOX

### SALAD BOXES Available as sharing box (serves 4-5) and individual bowl (serves 1)

<b>ITALIAN CHICKEN CAPRESE BOX</b>	<b>£24</b> (£4.80 pp)	<b>INDV. BOWL £6.80</b>
<b>SUPERCHARGED OMEGA SALMON BOX</b>	<b>£24</b> (£4.80 pp)	<b>INDV. BOWL £6.80</b>
<b>VITALITY BOX</b>	<b>£24</b> (£4.80 pp)	<b>INDV. BOWL £6.60</b>
<b>PESTO PASTA BOX (V)</b>	<b>£20</b> (£4.00 pp)	<b>INDV. BOWL £3.90</b>



INDIVIDUAL BOWL

### ADDITIONAL SAVOURIES

<b>BACON, CHEESE &amp; SWEET ONION QUICHE</b> 8 wedges of handmade & freshly baked quiche	<b>£12.00</b>
<b>MEDITERRANEAN VEGETABLE QUICHE</b> 8 wedges of handmade & freshly baked quiche	<b>£12.00</b>
<b>SAUSAGE ROLLS</b> 12 homemade & freshly baked sausage rolls	<b>£15.00</b>

### SET LUNCH

Great lunches guaranteed to keep your colleagues full & happy!  
Each ideal for 6 people

**CLASSIC LUNCH £65.00** (£10.83 pp)  
Classic box x2 • Cut fruit box (V) • Lemon drizzle x2 • Millionaire shortbread x2 • Nutty brownie x2

**BENUGO FAVOURITES LUNCH £50.00** (£8.33 pp)  
Best of Benugo box • Vitality bowl (V) x2 • Super soy pot (vegan) x3  
Lemon drizzle x2 • Millionaire shortbread x2 • Nutty brownie x2

**VEGGIE LUNCH £50.00** (£8.33 pp)  
Veggie box • Super soy pot (vegan) x6 • Cut fruit box (V)

**SALADS & FRUIT LUNCH £50.00** (£8.33 pp)  
Vitality bowl (vegan) x2 • Supercharged omega salmon bowl x2 • Italian chicken Caprese bowl x2 • Cut fruit box (V) • Pipers Anglesey Sea Salt Crisps x3 (V) • Sweet & salted popcorn x3 (V)

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## CAKES, SNACKS & DRINKS

A delicious selection of crisps, snacks and sweets.

**FAVOURITES CAKE BOX (V)** £16.50

20 melt-in-the-mouth bite size cake pieces, fresh from our bakery

**MIXED MUFFIN BOX (V)** £12.50  
(£2.09 each)

6 freshly baked muffins from our bakery with a mix of blueberry and raspberry & white chocolate

**MINI MUFFIN BOX (V)** £12.50  
(£1.04 each)

12 freshly baked muffins from our bakery. Selection of lemon, blueberry, raspberry & white chocolate

**POWER BALLS BOX (V)** £9  
(£1.50 each)

A raw vegan snack full of antioxidants. Mix of 6 Power Balls

**CUT FRUIT BOX (V)** £16

Seasonal fruit (pineapple, red & white grapes, cantaloupe melon) cut into bite sized pieces



FAVOURITES CAKE BOX



MIXED MUFFIN BOX

## CRISPS & SNACKS

Pipers Anglesey Sea Salt £1.20

Pipers Sea Salt & Somerset Cider £1.20

Pipers West Country Cheddar & Onion £1.20

Propercorn Popcorn sweet & salty £1.45

**Fruit juices, smoothies, water and a selection of soft drinks to accompany your breakfast or lunch.**

## DRINKS

Fresh orange or apple juice (250ml) £2.10

Fresh orange or apple juice (2.7l/4pt) £8.50

Life still water (500ml) £1.20

San Pellegrino sparkling water (500ml) £1.50



POWER BALLS BOX

## SPARKLING DRINKS

Coke (330ml can) £1.20

Diet Coke (330ml can) £1.20

San Pellegrino Limonata (330ml can) £1.35

San Pellegrino Aranciata (330ml can) £1.35

## SMOOTHIES

Strawberry blush £2.10

Fruit crush

**BOOST SHOTS** £2.10

Lemon & Ginger

Carrot



CRISPS & SNACKS

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